



Open Hearts Open Minds

Sharing Tools Tips & News for a more inclusive Devon



DID you KNOW this about caring for people with Alzheimer's.....?

- Alzheimer's disease - the most common cause of dementia, affects 417,000 of the 700,000 people with dementia in the UK.
- There are currently 15,000 British young people with dementia.
- There will be over a million people with dementia by 2025.
- Carers of family with dementia save the UK £6 billion a year.

Advice from a carer who wrote our October article about supporting someone with Alzheimers is:

- Listen - to the person's stories about their early life - you'll understand the rest of what they say better
- Avoid argument - Accept the position from which the cared for person is seeing life
- Patience & sense of humour – Use these allies to keep yourself and the cared-for-person content
- Time - Expect things to take longer, don't rush

Sign up now to receive the latest facts and ideas at www.OpenHeartsOpenMinds.org.uk – it's free!

