



SUGGESTED FOUR AUDAX EVENTS FOR MAY & JUNE 2010

Further details and the complete Audax UK events calendar and downloadable individual event entry forms are available at their website www.audax.uk.com or telephone Terry Cleary for more info on 01453 882928. Why not join if not already a member? First year costs £14.00; thereafter £10.00 pa. Includes handbook, calendar and quarterly copy of 'Arrivee'.

Date/Cost	Description	Distance	Contact
Sat 1 May 06.00 £9.00	Brevet Cymru	401km AAA 4.75	Mark Rigby, 16 Battle Rd, Tewkesbury Park, Tewkesbury GL20 5TZ 01684 292390 ybgirkram@talktalk.net
Sat 1 May 10.00 £4.00	The Lumpy Scrumpy 100	110km AAA1.75	Steve Price, 7 Allsopp Close, Newnham on Severn, Glos GL14 1DP
Sat 1 May 10.30 £4.00	Dean Bluebell Duddle	54km AAA1.25	Ditto
Sat 8 May 09.30 £5.00	South Glos 100	106km	Jane Chapman, 9 Newcombe Rd, Westbury-on-Trym, Bristol BS9 3QS 01179 629766
Sat 15 May 06.00 £17.50	Brian Chapman Memorial	619km AAA8.5	Mark Rigby, 16 Battle Rd, Tewkesbury Park, Tewkesbury, GL20 5TZ 01684 292390 ybgirkram@talktalk.net
Sun 23 May £5.00	Hoarwithy 100	100km	Ditto
Sat 5 June 06.00 £5.50	The Rural South	306km	Peter Marshall, 12 Ridge Hall Close, Caversham, Reading, RG4 7EP 01189 476108 peterm@audax.demon.co.uk
Sat 19 Jun 08.30 £5.00	The Avon Cycleway	130km	Jane Chapman 9 Newcombe Rd, Westbury-on-Trym, Bristol BS9 3QS 01179 629766
Sat 19 Jun 08.30 £4.00	Castle Coombe Caper	50km	Ditto
Sat 26 Jun 08.00 £4.50	Mr Pickwick's High Summer Meander	215km AAA 2.5	Mark Rigby, 16 Battle Rd, Tewkesbury Park, Tewkesbury, GL20 5TZ 01684 292390 ybgirkram@talktalk.net



The classic Brevet Cymru, ideal for a first 400. Starting at Chepstow, the route is hilly for the first two thirds, levelling off for the return. A nice weekend awheel.

Dave McKinnon rode the Lumpy Scrumpy in the Forest of Dean in 2008. Though a challenging ride, he waxed lyrical about the scenery. But the ratio of hills to km looks harder for the shorter Dean Bluebell doddle...

The South Glos 100 takes in familiar roads and lanes, starting at Alveston, North Bristol.

The classic Brian Chapman memorial 600 starting and finishing at Chepstow offers a choice of two rides. The 619km (2004) traverses Wales twice, taking in some of the finest (and diverse) scenery the Principality has to offer; the 616km again traverses Wales twice using quiet lanes wherever possible. Both have staggered starts, so there should be plenty of company.

The Rural South starts just south of Reading & is a scenic, quite hilly ride through Berks, Hants, Sussex & Surry, narrowly failing to qualify for AAA points.

The Avon Cycleway is promoted as a classic ride circling Bristol Ideal for a first audax. Or try the shorter Castle Coombe Caper. Both start at Mangotsfield, Bristol.

Mr Pickwick's High Summer Saunter was new for 2009, exploring the varied terrain of the Cotswolds, the Forest of Dean and the Severn Vale and finishing at Tewkesbury where Mr Pickwick supped too much ale.

Happy miles!
Terry Cleary