



Moving & Handling Induction – 6hrs

Rapido Training

Location: This training is available at a fully equipped venue in Gloucestershire.

Training may also be delivered within your workplace if the numbers and location are appropriate.

The course lasts for 6 hours and is run throughout the year.

To apply or for further details please contact us at:

Rapido Training

16 The Glenmore Centre

Marconi Drive

Waterwells Business Centre

Quedgeley

Gloucester GL2 2AP

Tel/Fax: **01452-886625**

Email: **info@rapidotraining.co.uk**

www.rapidotraining.com

Course aim: This is an interactive course designed to provide individuals with information on the Principles of Manual Handling with a practical introduction on moving and handling skills and techniques. This course focuses on raising awareness of the principles of manual handling when moving adults, children and objects.

Meant for: Moving & Handling is a part of the Common Induction Standards course which is mandatory for all staff working in the Health & Social Care Sector.

Course content:

- Current legislation on moving & handling
- Ergonomic approach to safe manual handling
- Group work on T.I.L.E. assessment
- Basic back care and safe working practices
- Practical session on use of client handling equipment
- Client scenarios and problem solving
- Knowledge quiz

Delivery: This course blends practical activities with theory based tasks delivered within an informative yet enjoyable atmosphere. Certification is dependent on successful assessment of the learner. There is no formal final examination. Those learners who complete the course and are considered to have reached the required standard are issued with a certificate that is valid for a period of one year.

Cost: Full cost: £45. Some funding may be available from the Gloucester Care Sector Workforce Development Group. Group rates are available for in-house delivery.



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Course content:

Current legislation on moving & handling

Ergonomic approach

Group work on T.I.L.E. assessment and scenarios

Basic back care

Discussion and practical session on use of equipment

Problem solving

Knowledge quiz

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Cost: Full cost: £40. Some funding may be available from the Gloucester Care Sector Workforce Development Group.