

Keep Calm and carry on commuting



Bad weather is no reason to stop cycling or walking to work, just be cautious of new hazards by following these simple tips:

- ✓ Wear suitable clothing
- ✓ Be visible
- ✓ Prepare your bike for winter
- ✓ Allow extra time for your journey
- ✓ Check for travel updates
- ✓ Watch the weather forecast
- ✓ Consider changing your route to avoid un-gritted paths
- ✓ **Be prepared**